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January 2019

Dear Colleague,

**RE: PAEDIATRIC TELEHEALTH AND OUTREACH CLINICS FOR NORTH QUEENSLAND**

I am pleased to inform you that as from January 2019 onwards we will be offering Paediatric Telehealth & Outreach Clinics for the children with Developmental and Behavioural concerns for the North Queensland Region.

**NQADHAS**

NQADHAS scope of practice is to eliminate any disability or stigma attached to *Attention Deficit Hyperactivity Disorder* and *Autism Spectrum Disorder*. We aim to eliminate the *Disorder* out of all Childhood Developmental conditions through integrated health care approach that has the child and young person at the centre. This requires a close working relationship between primary care and Specialist Paediatrician as well as collaboration with local Allied Health Professionals and Community services.

**Our Paediatrician: Dr Michalis Yiallourides**

Dr Michalis is a UK trained Paediatrician with over 15 years experience. He has been a Staff Specialist Paediatrician in North Queensland, Townsville and Mackay region for the past 3 years. He has a special interest in Behavioural Paediatrics and wealth of experience in the management of Developmental Childhood Conditions. Dr Michalis and his team will be offering weekly Telehealth sessions for different regions in North Queensland and quarterly outreach clinics at different locations.

**GP Referrals**

Please note we are accepting referrals for the following for children and young people 0-18 years.

- Developmental concerns i.e. speech delay, gross and fine motor issues
- Behavioural and sleep issues
- Assessment and Management of Attention Deficit Hyperactivity and Autism Spectrum
- Global or Specific Learning issues
- Other General Paediatric problems i.e. asthma, eczema, constipation, epilepsy, allergies etc.

Referrals can be faxed or emailed (the attached template can be used):

- Fax: 07 4409 2392
- Email: [admin@nqadhas.com.au](mailto:admin@nqadhas.com.au)

**Following referral**

1. After receiving referral we will communicate with the child's parents and school to formulate a summary of the child's strengths and difficulties.
2. This will be followed by a telehealth consultation with the family, setting the strategy for further evaluation and support. Appropriate referrals to allied health and community services will be made.
3. The second clinic session will be face to face in outreach clinic, feedback from assessments and diagnostic conclusion will be made accordingly
4. At the discharge from our service, the GP you will receive detailed written communication about plan of action and in more complex cases a telephone clinical handover. We will be more than happy to see patients again if they present with further concerns or require a review of their management.

**Bulk billing**

All families residing in rural areas, Aboriginal and Torres Strait Families as well as families on health care card will be **bulk billed**.

**Enquiries**

Please feel free to contact Dr Michalis for any enquiries; email: [drmichalis@nqadhas.com.au](mailto:drmichalis@nqadhas.com.au) or by phone on his personal number 0448 254545 (please do not share this number with patients).

Yours Sincerely,

NQADHAS team

Dr Michalis Yiallourides  
Paediatrician

